

HUMAN DESIGN INTRO

An experiential workshop

Dear Friends and Colleagues,

Please join me for an evening of learning and fun as we explore the 2 most important aspects of your Human Design energy blueprint: your Strategy and Inner Authority. You will discover how you best make personal decisions, your tempo in life, how your energy interacts with others and the nature of your inner wisdom.

This workshop is a perfect introduction for individuals or couples who want to grow their self-awareness & their understanding of others.



- Do you consider yourself a procrastinator? Perhaps you are one of the 51% of the world that truly need to percolate on decisions.
- Do you need your alone time yet feel like you should be interacting with others? Perhaps you truly need time to clear out the thoughts and energy of others.
- Do you feel you do life differently than most everyone else? Perhaps you have a rare aspect as a part of your energy blueprint.

I am constantly amazed at the accuracy of Human Design and how we can use this information to propel us forward in life. It is truly transformational.

Change really can happen quickly. Over the past 13 years of supporting individuals to make positive changes in their lives and businesses, the most remarkable results come when a client learns and embraces their Human Design.

Do you have questions? Let's talk. Or read more about Human Design on my website.

Cathy

When: Wednesday, May 8, 2019

Time: 6:00 pm to 8:30 pm

Where: 2604 12th Court SW, Suite B,
Olympia 98502

Cost: \$30 per person

Register: Go to www.CatherineRivers.com or call/text Cathy at 360.480.0183



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